





**MSAD #45 - SCHOOL NUTRITION PROGRAM
ELEMENTARY LUNCH
NOVEMBER 2009**



NOVEMBER 2	NOVEMBER 3	NOVEMBER 4	NOVEMBER 5	NOVEMBER 6
NOVEMBER 9	NOVEMBER 10	NOVEMBER 11	NOVEMBER 12	NOVEMBER 13
CHICKEN TERIYAKI OR TUNA SANDWICH SMILEY FRIES, GREEN BEANS FRUIT & SALAD BAR CHOICE OF MILK MANDARIN ORANGES	BAKED CHICKEN OR HAM & CHEESE SANDWICH MASHED POTATOES, CORN FRUIT & SALAD BAR CHOICE OF MILK SMORES	 Veterans' Day	CHEESE PIZZA OR BOLOGNA & CHEESE SANDWICH CARROT STICKS FRUIT & SALAD BAR CHOICE OF MILK FRUIT SNACKS	RIB B QUE SANDWICH OR TURKEY & CHEESE SANDWICH BABY CAKES, BROCCOLI FRUIT & SALAD BAR CHOICE OF MILK PEACHES
NOVEMBER 16	NOVEMBER 17	NOVEMBER 18	NOVEMBER 19	NOVEMBER 20
CHICKEN NUGGETS OR TUNA SANDWICH POTATO PUFFS, GREEN BEANS FRUIT & SALAD BAR CHOICE OF MILK SPICED APPLESAUCE	STUFFED SHELLS W ROLL OR HAM & CHEESE SANDWICH CORN FRUIT & SALAD BAR CHOICE OF MILK CHOCOLATE PUDDING	SPANISH RICE W ROLL OR EGG SALAD SANDWICH BROCCOLI & CHEESE FRUIT & SALAD BAR CHOICE OF MILK SHERBET	PEPPERONI PIZZA OR BOLOGNA & CHEESE SANDWICH CARROT STICKS FRUIT & SALAD BAR CHOICE OF MILK FRUIT GUSHERS	TURKEY, MASHED POTATOES, STUFFING, GRAVY, CRANBERRY SAUCE, ROLL, BROCCOLI OR TURKEY & CHEESE SANDWICH FRUIT & SALAD BAR CHOICE OF MILK PUMPKIN COOKIE
NOVEMBER 23	NOVEMBER 24	NOVEMBER 25	NOVEMBER 26	NOVEMBER 27
CHICKEN FRIES, OR TUNA SANDWICH OVEN FRIES, GREEN BEANS FRUIT & SALAD BAR CHOICE OF MILK STRAWBERRY CRISP	PARENT/TEACHER CONFERENCE	VACATION DAY	THANKSGIVING DAY 	VACATION DAY
NOVEMBER 30	DECEMBER 1	DECEMBER 2	DECEMBER 3	DECEMBER 4
CHICKEN PATTY ON A BUN OR TUNA SANDWICH SMILEY FRIES, GREEN BEANS FRUIT & SALAD BAR CHOICE OF MILK RAISINS	LASAGNA W GARLIC BREAD OR EGG SALAD SANDWICH CORN FRUIT & SALAD BAR CHOICE OF MILK MIXED FRUIT	TOMATO RICE SOUP W GRILLED CHEESE SANDWICH OR EGG SALAD SANDWICH FRUIT & SALAD BAR CHOICE OF MILK BROWNIE	SAUSAGE PIZZA OR BOLOGNA & CHEESE SANDWICH CARROT STICKS FRUIT & SALAD BAR CHOICE OF MILK FRUIT GUSHERS	HOT DOG ON A BUN OR TURKEY & CHEESE SANDWICH SWEET POTATO FRIES BROCCOLI FRUIT & SALAD BAR CHOICE OF MILK STRAWBERRIES
<i>Menu subject to change</i>				