
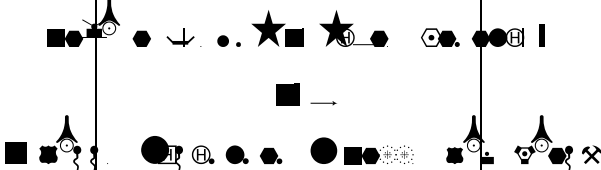





**MSAD #45 - SCHOOL NUTRITION PROGRAM
ELEMENTARY BREAKFAST**

DECEMBER 2009

DECEMBER 7	DECEMBER 8	DECEMBER 9	DECEMBER 10	DECEMBER 11
PANCAKES W SYRUP OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	SCRAMBLED EGGS W SAUSAGE OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	POPTARTS OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	MUFFINS OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	FRENCH TOAST STICKS W SYRUP OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK
DECEMBER 14	DECEMBER 15	DECEMBER 16	DECEMBER 17	DECEMBER 18
CINNAMON ROLL OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	PIZZA STICKS OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	HAM N EGG COMBOS OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	MUFFINS OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	BREAKFAST PIZZA OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK
DECEMBER 21	DECEMBER 22	DECEMBER 23	DECEMBER 24	DECEMBER 25
WAFFLES W SYRUP OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	HAM N EGG COMBOS OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK	PIZZA BAGELS OR CHOICE OF CEREAL & TOAST JUICE CHOICE OF MILK		
				
	<i>Menu subject to change</i>			