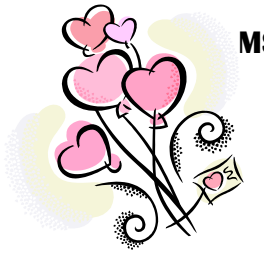
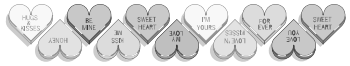


MSAD #45 - SCHOOL NUTRITION PROGRAM
Elementary BREAKFAST

FEBRUARY 2010

FEBRUARY 1	FEBRUARY 2	FEBRUARY 3	FEBRUARY 4	FEBRUARY 5
CINNAMON ROLLS OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	SCRAMBLED EGGS & SAUSAGE OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	BLUEBERRY PANCAKES OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	BREAKFAST MUFFINS OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	YOGURT & CHEESE OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK
FEBRUARY 8	**FEBRUARY 9**	**FEBRUARY 10**	**FEBRUARY 11**	**FEBRUARY 12**
PANCAKES W SYRUP OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	COMBOS OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	FRENCH TOAST W SYRUP OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	CHOCOLATE CHIP MUFFINS OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	PIZZA STICKS OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK
FEBRUARY 15	**FEBRUARY 16**	**FEBRUARY 17**	**FEBRUARY 18**	**FEBRUARY 19**
		FEBRUARY VACATION		
FEBRUARY 22	**FEBRUARY 23**	**FEBRUARY 24**	**FEBRUARY 25**	**FEBRUARY 26**
BREAKFAST PIZZA OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	EGG MCMUFFINS OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	COMBOS OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	CHOCOLATE CHIP MUFFINS OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK	FRENCH TOAST W SYRUP OR CHOICE OF CEREAL TOAST CHOICE OF JUICE LOW FAT MILK
		MENU SUBJECT TO CHANGE		